



# Alcohol and Drug Abuse Hurts *Everyone* in the Family...



## **Fort Carson Employee Assistance Program Presents Prime for Life Workshops for DOD Civilians, Military Family Members, & Retirees**

Workshops starting  
May 2015

Minimum of 10 participants  
required to offer class

PRIME For Life is an alcohol and drug program for people of all ages. It is designed to gently but powerfully challenge common beliefs and attitudes that directly contribute to high-risk alcohol and drug use.

The program goals are to reduce the risk for health and impairment problems.

To register contact the  
**Prevention Office**  
at 719-526- 9191  
or 719-526-5108

Questions?  
Contact the EAP Office at  
719-526-2196